

Six Tips for Back to School Success

Easy Ideas to Make the Most of the New School Year

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The start of a new school year offers a clean slate and a fresh opportunity to make the most of the 180 days to come. The excitement of a new teacher, new classmates and new learning material can lend to an enthusiastic September, but maintaining the momentum until the following June isn't always easy.

Dr. John Stuppy, education expert and spokesman for TutorVista advises it's important to determine what a successful school year means to you, and then figure out how you can best accomplish your goals. Regardless of how you define success, these six tips will help you make the most of your school year from August to June:

1. **Get Organized.** The beginning of the school year is the perfect time to categorize, color code and plan ahead. Use a planner and give each subject its own notebook and folder to organize notes and important papers.
2. **Set Goals.** Decide what you want to achieve on a short-term and long-term basis. Write down a few goals you would like to accomplish by the end of the month, and a few goals you plan to work on throughout the school year.
3. **Study Smart.** Stay on top of your grades by taking a proactive approach to studying. Review notes well in advance of a test and consider a supplemental educational tool like online tutoring site TutorVista.com to compliment daily classroom learning. While in-person tutoring and test preparation can be expensive, more students are turning to [online tutoring](#), where help is affordable, convenient, and available on demand.
4. **Relax.** It is important to balance work with play so be sure to incorporate down time after school and on the weekends.
5. **Check it off.** Whether you need to remember the items to pack in your backpack, or which assignments are due on Thursday, creating a to-do list can help keep things straight. Crossing things off when you are finished will give you that extra sense of accomplishment.
6. **Regroup.** The school year can be hectic so make a point to step back from the chaos, clean out folders and notebooks, revisit goals and set new ones on a monthly basis.

With these six tips in mind, a successful school year is attainable for students of all ages.